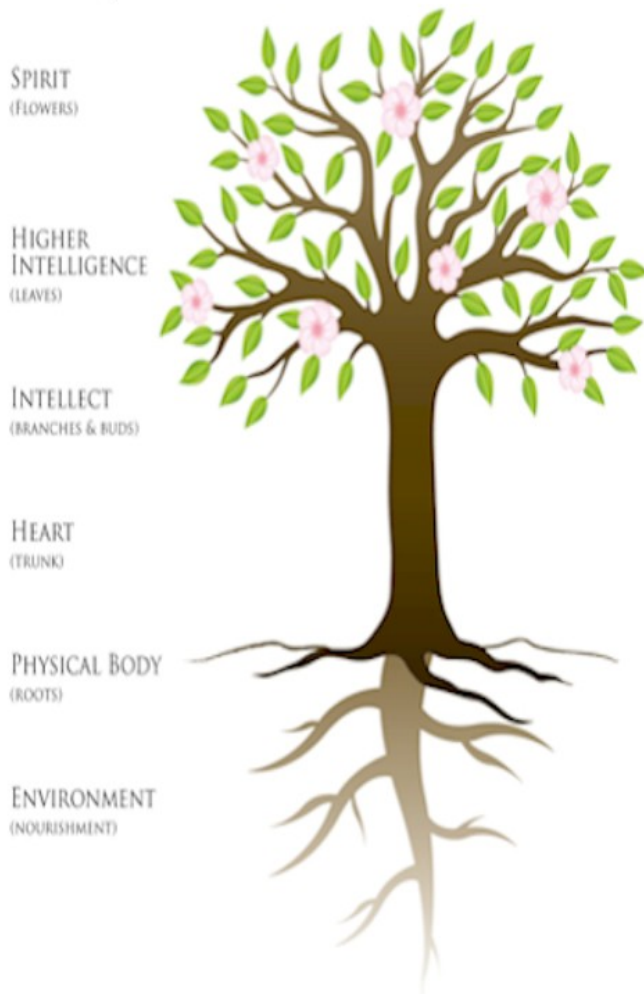


# Focus Vision

Just as a tree's roots and environment (fertile ground, suitable climate, etc.) are essential for its health, so too, are having effective strategies for living your *Foundation Values* essential for your overall health and well-being.

*Vision Values* are associated with your view of how you would like the world to be, or how you believe it should be. They are your source of inspiration and motivation. A tree's flowers and fruit come and go, and their quality depends on the health of the whole tree. So too, the quality of your inspirational dreams and your motivation depend on your total health and wellbeing -- dreams without action, remain forever only dreams. Visit your *vision values* from time to time to formulate a highly inspirational and motivating personal vision - then get on with the actions necessary to bring it into fruition.

Living your *Focus Values* to the full will create the life-style/life-experiences you desire. You will be in the best position to focus most of your energy on these values when your *Vision* and *Foundation* values are "out-of-sight and out-of-mind" - i.e. when you have assimilated them into your life.



## Vision Values

Transcendence (100)  
Transformative Communication (85)  
Wisdom (77)  
Interdependence (46)  
Deep Ecology (23)

## Focus Values

Sharing/Listening/Trust (92)  
Presence/Being (69)  
Integration/Wholeness (62)  
Pioneerism/Progress (38)  
Personal Authority/Integrity (31)

## Foundation Values

Design/Pattern/Order (54)  
Achievement (23)  
Financial Success (23)  
Organized Play (23)  
Workmanship/Quality (23)