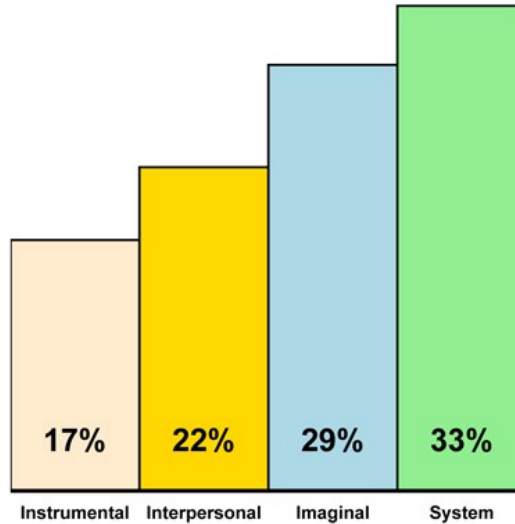


Skills fall into four basic categories:

- ❖ **Instrumental:** tools/hands (professional/trade skills)
- ❖ **Interpersonal:** communications (interpersonal relationship skills)
- ❖ **Imaginal:** creative imagination skills
- ❖ **System:** making connections/seeing the bigger picture

Any particular value may require skills in one or more of the four categories in order that it be lived effectively. By scoring the associations between the values you chose and the skill categories, it is possible to assess the likely balance of skills you will need to live your values:



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